

## **CASEY COOPER, M.S., Ph.D.**

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### **EDUCATION**

#### Counseling Psychology, Ph.D., University of Southern California

- APA-Accredited Program, Received August of 2004

#### Masters of Marriage, Family and Child Counseling, University of Southern California

- Received May of 1999

#### Bachelor of Arts, Communications, University of Southern California

- Received May of 1997

### **CLINICAL EXPERIENCE**

#### Senior Staff Psychologist, University of California at Irvine, 2/11 – Present

- Clinical position within the University Counseling Center
- Perform assessments and ongoing counseling in a short-term model to university students.
- Outreach to university departments and student groups.
- Associate Director: William D. Parham, Ph.D., ABPP

#### Licensed Psychologist, The Gold Standard, 2/07-Present

- Sport Psychologist in Private Practice
- Individual, Family, Group and Team Psychotherapy Services

#### Registered Psychological Assistant, South County Psychotherapy, 7/05-2/07

- Provides all services in relation to *The Athletic Program* at SCP.
- Director of promotions, outreach, and consultation for *The Athletic Program*.
- Individual, family, group, and team psychotherapy to athletes, academic institutions, and training facilities in the Orange County area.
- Primary Supervisor: Paul Fick, Ph.D.

#### Psychologist: University of Southern California, 9/04 – 5/05

- Crisis Counselor responsible for same day evaluation, treatment, and referrals.
- Collaboration with the Athletic Department to meet the needs of student athletes.
- Intake and ongoing treatment responsibilities.
- Primary Supervisor: Bradford King, Ed.D., Director

#### Psychology Intern: University of California at Los Angeles, 9/02-6/03, 5/04-7/04

- APA –Accredited Full-Time Internship Program
- Brief and long-term individual therapy to student population of UCLA.
- Supervised practicum student from the UCLA Clinical Psychology program.
- Primary Supervisor: William D. Parham, Ph.D., ABPP

Practicum Therapist: Mount Saint Mary's College Counseling Center, 8/01-5/02

- Provided individual therapy to ethnically diverse female students in a short-term model.
- Collaborated with campus ministry to provide services to students.
- Coordinated the inaugural "Take Back the Night," a candlelight vigil protesting violence.
- Supervised the student clubs hosting the event.

Practicum Therapist: University Of Southern California Counseling Center, 8/00-5/01

- Performed individual therapy using short-term model.
- Served as co-facilitator of Lesbian-Bi Support Group with Dr. Mary Andres.
- Collaborated with staff psychiatrist on treatment plans and medication.

Practicum Therapist: Didi Hirsch, Los Angeles, 9/98-12/98, 1/00-5/00

- Performed individual and couples therapy.
- Administered intakes, determined diagnosis, and developed treatment goals and plans.
- Participated in experimental supervision using one-way mirrors, video and computer technology to promote a live dialog between colleagues and supervisor during sessions.

Practicum Therapist: Community Counseling Services Home for Boys, 1/99-4/99

- Provided individual and group therapy in a DCFS, Level 12 residential facility.
- Served as case manager for clients - performed intakes, determined diagnosis, provided reports for Department of Child and Family Services, and developed treatment plans and goals.
- Treated anger control, abuse, grief and loss, addiction, and separation anxiety.

Practicum Therapist: Community Counseling Services, Los Angeles, 1/98-12/98

- Served as case manager and therapist for individuals, families, and children.
- Trained in Medical, Social Security, and Department of Child and Family Services paperwork and programs.
- Collaborated with on-site psychiatrist in the development of treatment plans and the monitoring of medication effects and compliance.

## **PUBLICATIONS & INTERVIEWS**

Athlete's Studio, August 28, 2010

- Podcast interview highlighting Legacy Leadership Project.

Orange County Register, May 27, 2010

- Legacy Leadership Project Selects Godinez HS Quarterback.
- Director of Mentoring program that was featured for bringing Pro Football Hall of Fame Athletes together with Orange County youth in need of life skills support.

ESPN.com, February 23, 2010

- Bryant Still the Engine of this Car
- Expert analysis of group dynamics on the court and its impact on NBA performance.

Reuters, December 13, 2009

- Woods' Break Wise But Comeback Challenging
- Athletes' tendencies to compartmentalize life areas and the developmental delays of child prodigies.

Psychology Today Magazine, October 2009

- Little League Training, Major League Problems
- Role of athletic development on mental illness.

Orange County Register, October 4, 2009

- Angel On Their Shoulder: Nick Adenhardt's Life, Death Continue To Resonate With Ballclub
- Psychology of playing in remembrance.

The Press-Enterprise, October 3, 2009

- These Mentors are Real Pros
- Psychology of developing the NFL Hall of Fame Mentor Program in Orange County

MSNBC.COM, March 4, 2009

- Baby Olympian? DNA Test Screens Athletic Ability
- Expert review of genetics testing product for sports parenting.

OC Family.com, 2009

- Contributed a OC Family Minute, Video Podcast
- Expert tips and news for health issues.

Martha Stewart Magazine, February 2009 Issue

- Expert Interview regarding weight training compliance.

Tennis Recruiting.net, Sports Psychology Contributor, 2008- Current

- Ask the Experts Feature on a variety of sports performance issues.

Orange County Register, December 5, 2008

- Feature Q&A highlighting the debut of The Dr. Casey Show

The Baltimore Sun, August 14, 2008

- Expert review of disruption to timing in Olympic games and impact to performance.

Orange County Register, June 5, 2008

- Feature article on team building drills with a youth soccer team.

Mom's Team.com, 2008

- Expert opinion for video podcasts on Sports Resource Website
- Topics include: What is a sports psychologist? Parenting Strategies & Coping with Injury

Parenting Orange County Magazine, October 2006 & January 2007 Issues

- Ask the Experts Column for Sport Psychology Parenting Issues

Sports Performance Academy, Rancho Santa Margarita, Newsletter '06-'07

- Monthly contribution for Sport Psychology Performance Issues

Chicago Tribune, 2006

- Dealing with Ozzie's Demons
- Expert Opinion about cultural diversity and recent derogatory comments.

## **TELEVISION, RADIO & FILM**

KNX 1070 AM Radio, April 11, 2011

- Reaction to fan violence after Dodgers and Giants opening day game.
- Expert opinion regarding the escalating problem of violence within the culture of sports and the risks for fans.

CBS Evening News with Katie Couric, April 7, 2011

- Reaction to fan violence after Dodgers and Giants opening day game.
- Expert opinion regarding the escalating problem of violence within the culture of sports and the risks for fans.

ESPN 710, April 7, 2010

- Live interview on Martinez and Long
- Analysis of how Tiger Woods can prepare for upcoming competition despite marital issues and media focus.

CBS Evening News with Katie Couric, February 19, 2010

- Reaction to Tiger's Apology
- Expert opinion for parents following a National press conference featuring a public apology from Tiger Woods who admitted being unfaithful to his wife.
- Communication with children and adolescents who idolize or emulate the golfer.

The Dr. Casey Show, November 2008 – December 2009

- Weekend 1-Hour Radio Program on AM 830 KLAA
- Elite athlete, coach and sports expert interviews and advice episodes.
- Episodes are currently found as podcasts on iTunes.
- Executive Producer & Host

CBS News, March 3, 2009

- Teen Athlete Refuses to See Limitations
- The Dr. Casey Show Feature in Studio with guest, Jimmy Albright

KLAC 570 AM Radio, Repeat Guest on Loose Cannons, 2007

- Sport Psychology expert guest with radio show.
- Offered expert commentary for sports topics.
- Fielded call-ins from listeners.

The Hidden Epidemic, Bill Brown Production, Released January, 2007

- Narrator and Sports Psychology Expert
- Presents the scientific evidence and stories of Post Concussion Syndrome

## **PRESENTATIONS**

Special Olympics Law Enforcement International Conference, October 21, 2010

- Session Speaker for enforcement officers who are organizing community leaders for the annual Torch Run event to benefit Special Olympics.
- Home Run Leadership Styles

Orange County Athletic Directors Association, October 18, 2010

- Keynote Speaker at Annual Coaches' Awards Banquet

Jack in the Box, September 15, 2010

- Corporate Training at San Diego Headquarters
- Balancing the Pieces of Your Life

National Association of Women Business Owners, June 1, 2010

- Featured Keynote Speaker
- Connecting with Yourself: Finding Balance in Life and Business

Orange County Psychological Association Continuing Education, October 3, 2009

- The Psychology of Human Potential in Sports
- Presenter/Facilitator
- 3 Approved CEUs

Positive Coaching Alliance Panel, June 6, 2009

- Member of the Panel: Insights from Experts

American Foundation for Suicide Prevention, November 22, 2008

- Panel expert at Annual Walk to Honor Victims and Prevent Suicide.

Cutting Edge Athletics, Sports Psychology 101, 12/07

- Performance enhancement techniques.

City of Mission Viejo, Recreation Department, 10/07

- Screening of *The Hidden Epidemic* for the city department.

## CONFERENCE PRESENTATIONS

### Diversity and Cross-Cultural Leadership Summit, October 1, 2009

- Progress and Prejudice: The Complex Relationship Between Sports and Society

### California Diversity Conference, May 14, 2009

- Progress and Prejudice: The Complex Relationship Between Sports and Society

### Presentation: University Of Southern California Student Affairs Conference, 5/00

- Love Me Not, Anti-Stalking Campaign of District Attorney, Gil Garcetti.
- Co-presenter: Scott Gordon, Assistant District Attorney.

### Paper Presentation: Sports & Society Conference, Marquette University, 7/99

- Participation in Contact Sports and Physical Violence.
- Theoretical model based on literature review assessing the risk level of contact sports athletes to commit off-field acts of violence.

## AWARDS

### Orange County Business Journal Women in Business Award, May 4, 2009

- Honored at Yearly Banquet and Publication

### OC Metro, March 2009, Orange County Women to Watch

- Nominated by the public and awarded Top 20 Women in Business Honors

### National Sportsmanship Day, Sports Ethics Fellow, March 3, 2009

- Honored for The Dr. Casey Show Sportsmanship Award & creating local change and leadership through the radio program.

## TEACHING EXPERIENCE

### Faculty: University of Phoenix, April 2010 - Present

- Courses Taught: Multicultural Counseling, Group Counseling, Personality Theory
- Degree: Masters, Marriage and Family Therapy
- Division Chair: Mary Jo Trombley

### Adjunct Professor: Saddleback Community College, Spring 2005 - 2008

- Courses of Instruction: Introduction to Psychology & Social Psychology
- Utilizing textbook, CD-Rom, and Internet resources (Blackboard, PowerWeb).
- Division Chair: Amira Rezac, Ph.D.

### Adjunct Professor: Cypress Community College, Spring 2005

- Courses of Instruction: Introduction to Psychology
- Section offered at accelerated pace, 9 weeks.
- Division Chair: Randy Martinez, Ph.D.

## **VOLUNTEER AND OTHER EXPERIENCE**

### Director, Legacy Leadership Project, 2009 – Present

- Pro Football Hall of Fame Mentoring Program
- Oversee the application, selection, and life skills curriculum of the program.

### Newport Sports Museum, 2009 – Present

- Non-Profit in Newport Beach, CA.
- Member, Board of Directors

### Founder, The Orange County All-Sports Foundation, 2007

- CEO of a non-profit organization that benefits youth sports experiences Orange County.
- Host of the Orange County All-Sports EXPO.
- Charities: Special Olympics & Goodwill Fitness Fund

### Mission Viejo Nadadores Parent Education Program, Sport Psychologist, 2007 Series

- Presenter of series to parents of swimmers of the most winning international swimming program, the Mission Viejo Nadadores.
- Monthly workshop on the topics of: the psychology of winning, performance anxiety, mental toughness, and positive parenting practices.

### Sports Psychology Consultant: Mission Viejo High School Tennis, 2006 Season

- Consulted with coaching staff on team issues to increase performance consistency and teamwork for the Varsity Girls' Tennis Team.

### Mental Trainer: University Of Southern California Track and Field, 8/99 - 6/00

- Observed team practices, traveled to meets, and attended coaching meetings to provide consultation.
- Counseled athletes on performance related issues.

### Guest Lecturer: Life Skills, University Of Southern California Athletic Department, Fall 1997, 1998, 1999

- Spoke to all incoming freshman male and female athletes on the topics of relationships, sexual intimacy, and rape.

## **RESEARCH EXPERIENCE**

### Dissertation: Validating the CQIS: A Measure of Sporting Mental Imagery, Defended 6/04

- Principal Investigator with Rodney Goodyear, Ph.D., Faculty Advisor. Drs. John Callaghan and Richard Clark committee members.
- Developed and validated a new vividness of mental imagery assessment tool for athletes.
- Instrument utilized computer technology, detailed imagery scripts, and magnitudinal scaling and was validated against the VVIQ.

Thesis: The Off-Field Aggression of Athletes in Contact Sports, Defended 5/99

- Developmental model to understand the correlation between participation contact athletics and the off-field aggressive behavior of male athletes.
- Review of literature and interviews suggests a complex Biopsychosocial model.