

CASEY COOPER, M.S., Ph.D.

PSY21348

22672 Lambert Street, Suite 601

Lake Forest, California 92630

949.600.7747

www.drcaseycooper.com

EDUCATION

Counseling Psychology, Ph.D., University of Southern California

- APA-Accredited Program, Received August of 2004

Masters of Marriage, Family and Child Counseling, University of Southern California

- Received May of 1999

Bachelor of Arts, Communications, University of Southern California

- Received May of 1997

CLINICAL EXPERIENCE

Licensed Sport Psychologist, The Gold Standard, 2/07-Present

- Sport Psychologist in Private Practice
- Individual, Family, Group and Team Psychotherapy Services

Registered Psychological Assistant, South County Psychotherapy, 7/05-2/07

- Provides all services in relation to *The Athletic Program* at SCP.
- Director of promotions, outreach, and consultation for *The Athletic Program*.
- Individual, family, group, and team psychotherapy to athletes, academic institutions, and training facilities in the Orange County area.
- Primary Supervisor: Paul Fick, Ph.D., Owner

Psychologist: University of Southern California, 9/04 – 5/05

- Crisis Counselor responsible for same day evaluation, treatment, and referrals.
- Collaboration with the Athletic Department to meet the needs of student athletes.
- Intake and ongoing treatment responsibilities.
- Primary Supervisor: Bradford King, Ed.D., Director

Psychology Intern: University of California at Los Angeles, 9/02-6/03, 5/04-7/04

- APA –Accredited Full-Time Internship Program
- Brief and long-term individual therapy to student population of UCLA.
- Supervised practicum student from the UCLA Clinical Psychology program.
- Training and supervision received in the Crisis Model.
- Co-facilitator of graduate student psychotherapy group with Pat Alford-Keating, Ph.D.
- Primary Supervisor: William D. Parham, Ph.D., ABPP
- Secondary Supervisor: Julie Pearce, Psy.D.

PUBLICATIONS & INTERVIEWS

Reuters, December 13, 2009

- Woods' Break Wise But Comeback Challenging
- Athletes' tendencies to compartmentalize life areas and the developmental delays of child prodigies.

Psychology Today Magazine, October 2009

- Little League Training, Major League Problems
- Role of athletic development on mental illness.

Orange County Register, October 4, 2009

- Angel On Their Shoulder: Nick Adenhardt's Life, Death Continue To Resonate With Ballclub
- Psychology of playing in remembrance.

The Press-Enterprise, October 3, 2009

- These Mentors are Real Pros
- Psychology of developing the NFL Hall of Fame Mentor Program in Orange County

MSNBC.COM, March 4, 2009

- Baby Olympian? DNA Test Screens Athletic Ability
- Expert review of genetics testing product for sports parenting.

OC Family.com, 2009

- Contributed a OC Family Minute, Video Podcast
- Expert tips and news for sports health issues.

Martha Stewart Magazine, February 2009 Issue

- Expert Interview regarding weight training compliance.

Tennis Recruiting.net, Sports Psychology Contributor, 2008- Current

- Ask the Experts Feature on a variety of sports performance issues.

Orange County Register, December 5, 2008

- Feature Q&A highlighting the debut of The Dr. Casey Show

The Baltimore Sun, August 14, 2008

- Expert review of disruption to timing in Olympic games and impact to performance.

Orange County Register, June 5, 2008

- Feature article on team-building drills with a youth soccer team.

Mom's Team.com, 2008

- Expert opinion for video podcasts on Sports Resource Website
- Topics include: What is a sports psychologist? Parenting Strategies & Coping with Injury

Parenting Orange County Magazine, October 2006 & January 2007 Issues

- Ask the Experts Column for Sport Psychology Parenting Issues

Sports Performance Academy, Rancho Santa Margarita, Newsletter '06-'07

- Monthly contribution for Sport Psychology Performance Issues

Chicago Tribune, 2006

- Dealing with Ozzie's Demons
- Expert Opinion about cultural diversity and recent derogatory comments.

TELEVISION, RADIO & FILM

The Dr. Casey Show, November 2008 – December 2009

- Weekend Radio Program on AM 830, KLAA
- Interview and advice episodes.
- Episodes are currently found as podcasts on iTunes.
- Executive Producer & Host

CBS News, March 3, 2009

- Teen Athlete Refuses to See Limitations
- The Dr. Casey Show Feature in Studio with guest, Jimmy Albright

The American Baller TV, Podcast Interview, November 2007

- Filmed interview answering sports psychology questions.
- Sports Parent and coaching advice.

KLAC 570 AM Radio, Repeat Guest on Loose Cannons, 2007

- Sport Psychology expert guest with radio show.
- Offered expert commentary for sports topics.
- Fielded call-ins from listeners.

The Hidden Epidemic, Bill Brown Production, Released January, 2007

- Narrator and Sports Psychology Expert
- Presents the scientific evidence and stories of Post Concussion Syndrome

PRESENTATIONS

Orange County Psychological Association Continuing Education, October 3, 2009

- The Psychology of Human Potential in Sports
- Presenter/Facilitator
- 3 Approved CEUs

Positive Coaching Alliance Panel, June 6, 2009

- Member of the Panel: Insights from Experts

American Foundation for Suicide Prevention, November 22, 2008

- Panel expert at Annual Walk to Honor Victims and Prevent Suicide.

Cutting Edge Athletics, Sports Psychology 101, 12/07

- Performance enhancement techniques.

City of Mission Viejo, Recreation Department, 10/07

- Screening of *The Hidden Epidemic* for the city department.

CONFERENCE PRESENTATIONS

Diversity and Cross-Cultural Leadership Summit, October 1, 2009

- Featured Speaker: Progress and Prejudice: The Complex Relationship Between Sports and Society

California Diversity Conference, May 14, 2009

- Featured Speaker: Progress and Prejudice: The Complex Relationship Between Sports and Society

Presentation: University Of Southern California Student Affairs Conference, 5/00

- Love Me Not, Anti-Stalking Campaign of District Attorney, Gil Garcetti.
- Co-presenter: Scott Gordon, Assistant District Attorney.

Paper Presentation: Sports & Society Conference, Marquette University, 7/99

- Participation in Contact Sports and Physical Violence.
- Theoretical model based on literature review assessing the risk level of contact sports athletes to commit off-field acts of violence.

AWARDS

Orange County Business Journal Women in Business Award, May 4, 2009

- Honored at Yearly Banquet and Publication

OC Metro, March 2009, Orange County Women to Watch

- Nominated by the public and awarded Top 20 Women in Business Honors

National Sportsmanship Day, Sports Ethics Fellow, March 3, 2009

- Honored for The Dr. Casey Show Sportsmanship Award & creating local change and leadership through the radio program.

RESEARCH EXPERIENCE

Dissertation: Validating the CQIS: A Measure of Sporting Mental Imagery, Defended 6/04

- Principal Investigator with Rodney Goodyear, Ph.D., Faculty Advisor. Drs. John Callaghan and Richard Clark committee members.
- Developed and validated a new vividness of mental imagery assessment tool for athletes.
- Instrument utilized computer technology, detailed imagery scripts, and magnitudinal scaling and was validated against the VVIQ.

Thesis: The Off-Field Aggression of Athletes in Contact Sports, Defended 5/99

- Developmental model to understand the correlation between participation contact athletics and the off-field aggressive behavior of male athletes.
- Review of literature and interviews suggests a complex Biopsychosocial model.

TEACHING EXPERIENCE

Adjunct Professor: Saddleback Community College, Spring 2005 - Current

- Courses of Instruction: Introduction to Psychology & Social Psychology
- Utilizing textbook, CD-Rom, and Internet resources (Blackboard, PowerWeb).
- Prepare and present all lectures, facilitate didactic exercises to enhance learning of course material, and evaluate all papers and exams.
- Division Chair: Amira Rezec, Ph.D.

Adjunct Professor: Cypress Community College, Spring 2005

- Courses of Instruction: Introduction to Psychology
- Section offered at accelerated pace, 9 weeks.
- Responsible for lectures, exercises, quizzes, exams, and papers.
- Division Chair: Randy Martinez, Ph.D.

VOLUNTEER AND OTHER EXPERIENCE

Director, Legacy Leadership Project, 2009 – Present

- Pro Football Hall of Fame Mentoring Program
- Oversee the application, selection, and life skills curriculum of the program.

Newport Sports Museum, 2009 – Present

- Non-Profit in Newport Beach, CA.
- Member, Board of Directors

Founder, The Orange County All-Sports Foundation, 2007

- CEO of a non-profit organization that benefits youth sports experiences Orange County.
- Host of the Orange County All-Sports EXPO.
- Charities: Special Olympics & Goodwill Fitness Fund

Mission Viejo Nadadores Parent Education Program, Sport Psychologist, 2007 Series

- Presenter of series to parents of swimmers of the most winning international swimming program, the Mission Viejo Nadadores.
- Monthly workshop on the topics of: the psychology of winning, performance anxiety, mental toughness, and positive parenting practices.

Sports Psychology Consultant: Mission Viejo High School Tennis, 2006 Season

- Consulted with coaching staff on team issues to increase performance consistency and teamwork for the Varsity Girls' Tennis Team.

Mental Trainer: University Of Southern California Track and Field, 8/99 - 6/00

- Observed team practices, traveled to meets, and attended coaching meetings to provide consultation.
- Counseled athletes on performance related issues.

Guest Lecturer: Life Skills, University Of Southern California Athletic Department, Fall 1997, 1998, 1999

- Spoke to all incoming freshman male and female athletes on the topics of relationships, sexual intimacy, and rape.